

Kowloon Cricket Club Sports & Recreation December 2011

christmas

Junior Cricket Coaching

U/17 (Aged 11-17)

Tue @ 1630-1830 (11 lessons)
Sep 6, 20, 27; Oct 4, 11;
Nov 15, 22, 29; Dec 6, 13, 20
Sat @ 1030-1230 (7 lessons)
Sep 3; Oct 15; Nov 5, 12, 19, 26; Dec 10;

U/13 (Aged 9-13)

Thu @ 1630-1830 (13 lessons)
Sep 1, 8, 15, 22, 29; Oct 6, 13; Nov 17, 24;
Dec 1, 8, 15, 22
Sat @ 1030-1230 (7 lessons)
Sep 3; Oct 15; Nov 5, 12, 19, 26; Dec 10

U/11 (6-11 yrs)

Fri @ 1700-1800 (12 lessons)
Sep 2, 9, 23, 30; Oct 7, 14; Nov 18, 25;
Dec 2, 9, 16, 23
Sat @ 1030-1230 (7 lessons)
Sep 3; Oct 15; Nov 5, 12, 19, 26; Dec 10

KCC Members Non-members

U/17 (18sessions)	\$2,700	\$3,150
U/13 (20sessions)	\$3,000	\$3,500
U/11 (19sessions)	\$2,850	\$3,325

Enquiry: 6380-9626 (Peter) or 3473-7144 (Kings)



Brazilian Soccer Schools (Wed)

Sep 7, 14, 21; Oct 12;
Nov 16, 23, 30; Dec 7, 14
1600-1730 @ 5-7 yrs
1730-1900 @ 8-13 yrs
\$1,620/9 sessions (KCC Members)
\$1,980/9 sessions (Non-members)

Socatot (Thu - Indoor)

Sep 1, 8, 15, 22, 29; Oct 6, 13, 20;
Nov 3, 17, 24; Dec 8, 15 (13 lessons)
2yrs Walking-2yrs 3 yrs
Time: 1500-1600 / 1600-1700 / 1700-1800

Socatot (Fri - Outdoor)

Sep 9, 23, 30; Oct 7, 14;
Nov 18, 25; Dec 2, 9, 16 (10 lessons)
3 yrs 4 yrs 4 yrs
Time: 1500-1600 / 1600-1700 / 1700-1800
KCC Members Non-members
Thu \$1,950/13 sessions \$2,470/13 sessions
Fri \$1,500/10 sessions \$1,900/10 sessions

Sat @ 0830-1000

\$2,100/year (KCC members)
\$2,700/year (Non-members)

*Start on 3rd Sep

Enquiry: 2385-9677 (BSS office)
3473-7144 (Kings)



KCC Mini Hockey Training (Sun)

\$800/Full-season course (KCC Members)
\$2,200/Full-season course (Non-members)
*2011 Full-season commences on
4th Sep 2011 to last Sunday of June 2012
Under 8 yrs (Beginner; C & D Team) @ 0900-1000
Under 8 yrs (A & B Team) @ 1000-1100
Under 10 yrs @ 1100-1200
Under 12 yrs & Youth @ 1200-1300
Enquiry: 3473-7144 (Kings)

Squash and mini squash with Elise (Mon/Wed/Sat/Sun)

Mon or Tue (5 - 7 yrs) @ 1630
Sat or Sun (8 - 12 yrs) @ 1100
\$1,300/7 lessons (KCC Members)
\$1,450/7 lessons (Non-Members)
Enquiry: 8100 6920 (Elise)/
3473-7144 (Kings)



Coming soon



Personal Training with Adam Tony / Kenny/Ann

Enquiry: 9721-5959 (Adam)/
9837-3739 Tony /
6543-0802 (Kenny) /
6273-6039 (Ann) /
3473-7161 (Fitness Center)



Personal Training with Riny Pilates with Riny (Mon)

Mon @ 1100-1200
Enquiry: 9046-5134 (Riny)

Kickboxing with Adam (Mon-Sun)

	KCC Members	Non-members
40 mins	\$350	\$475
60 mins	\$525	\$600

Enquiry: 9721-5959 (Adam)
3473-7161 (Fitness Center)

Freestyle Jazz with Jacqui (Mon)

Aug 22, 29; Sep 5, 12, 19, 26; Oct 3, 10;
Nov 7, 14, 28; Dec 5, 12
5-6 yrs @ 1615-1700
7-9 yrs @ 1700-1745
10-13 yrs @ 1745 - 1845
\$720/6 lessons (KCC Members)
\$840 /6 lessons (Non-members)
Enquiry: 9813-0079 (Jacqui)/3473-7144 (Kings)

Multi-sports Program (Fri)

Sep 16, 23, 30; Oct 7, 14;
Nov 4, 25; Dec 2, 9
Junior Sports
3-4 yrs @ 1530-1615
5-6 yrs @ 1615-1700
Basketball
7+ @ 1700-1800
\$900/9 sessions (KCC Members)
\$1,260/9 sessions (Non-members)
Enquiry: 2540-1257 (Multi-sports)/
3473-7144 (Kings)



Badminton Coaching with W. L. Wong

Intermediate Level:
Mon @ 1930-2130
Adv Level: Fri @ 2000-2200
Jr. Level: Sun @ 1500-1700
\$650/4 lessons (KCC Members)
\$800/4 lessons (Non-members)
Enquiry: 9284-0469 (Wong)/
3473-7144 (Kings)

Badminton with Patrick (Mon-Sun)

Enquiry:
8103-0078 (Patrick)/
3473-7144 (Kings)



Qi-Kung Walking Exercise with Cecilia (Tue)

Nov 8, 15, 23, 29; Dec 6, 13
* only 23 Oct (Wed)
Tue @ 1430 - 1600
\$200 / 6 lessons (KCC Members)
\$400 6 lessons (Non-Member)
Enquiry: 3473-7144 (Kings)

Latin / Ballroom Dance (Wed & Fri)

Adult @ 1300-1430 (Mon)
Beginner @ 1100-1230 (Wed)
Adult @ 1100-1230 (Fri)
5 -lesson package with 50%
discount
\$400/5 lessons (KCC Members)
\$475/5 lessons (Non-members)
Per lesson package
\$180/lesson (KCC Members)
\$210/lesson (Non-members)
Enquiry: 6543-0332 (Amy) /
3473-7144 (Kings)

Tennis Coaching with Henry (Mon - Sat)

1-to-1: \$530pp (1 hr) 1-to-2: \$275p= (1 hr)
1-to-3: \$220pp (1 hr) 1-to-4: \$200pp (1 hr)
1-to-5: \$180pp (1 hr) 1-to-6: \$180pp (1 hr)
Enquiry: 6135-7606 (Henry) / 3473-7144 (Kings)



Advance ladies Badminton with Lung Bo Bo (Mon to Fri)

Enquiry: 6682-5408 (Lung BoBo) / 3473-7144 (Kings)

Application forms are available from the KCC Reception

Any participating in any activity or sports should consult a doctor prior to commencement of such activities and all participants are responsible for their own medical/accident insurance coverage