

# Kowloon Cricket Club Sports & Recreation Jan / Feb 2012

## Junior Cricket Coaching

U/17 (Aged 11-17)

Tue @ 1630-1830 (21 lessons)  
Jan 10, 17, 31; Feb 7, 14, 21, 28;  
Mar 6, 13, 20, 27

U/13 (Aged 10-14)

Thu @ 1630-1830 (22 lessons)  
Jan 5, 12, 19; Feb 2, 9, 16, 23;  
Mar 1, 8, 15, 22, 29

U/8 / U/11 / Girl (Aged 5-14)

Fri @ 1700-1800 (22 lessons)

Jan 6, 13, 20; Feb 3, 10, 17, 24;  
Mar 2, 9, 16, 23, 30

U/8 / U/11 / 13/ 17/ Girl (Aged 6-17)

Sat @ 1030-1230 (10 lessons)

Jan 7, 14, 21; Feb 4, 11, 18, 25;  
Mar 3, 24, 31

**KCC Members Non-members**

U/17 (21 sessions) \$3,150 \$3,675

U/13 (22 sessions) \$3,300 \$3,850

U/11 (22 sessions) \$3,300 \$3,850

U/8 (22 sessions) \$3,300 \$3,850

Girl (22 sessions) \$3,300 \$3,850

Enquiry: 6380-9626 (Peter) /  
3473-7144 (Kings)

## Brazilian Soccer Schools (Wed)

Jan 4, 11, 18; Feb 1, 8, 15, 22, 29;

Mar 7, 14, 21, 28

1600-1730 @ 5-7 yrs

1730-1900 @ 8-13 yrs

\$2,160/12 sessions (KCC Members)

\$2,640/12 sessions (Non-members)

## Socotots (Thu - Indoor)

Jan 5, 12, 19; Feb 2, 9, 16, 23;

Mar 1, 8, 15, 22, 29 (12 lessons)

2yrs Walking-2yrs 3 yrs

Time: 1500-1600 / 1600-1700 / 1700-1800

## Socotots (Fri - Outdoor)

Jan 6, 13, 20; Feb 3, 10;

Mar 2, 9, 16, 23, 30; (10 lessons)

3 yrs 4 yrs 4 yrs

Time: 1500-1600 / 1600-1700 / 1700-1800

**KCC Members Non-members**

Thu \$1,800/12 sessions \$2,280/12 sessions

Fri \$1,500/10 sessions \$1,900/10 sessions

Sat @ 0830-1000

\$2,100/ year (KCC members)

\$2,700/ year (Non-members)

\*Start on 3<sup>rd</sup> Sep

Enquiry: 2385-9677 (BSS office)

3473-7144 (Kings)

## KCC Mini Hockey Training (Sun)

\$800/Full-season course (KCC Members)

\$2,200/Full-season course (Non-members)

\*2011 Full-season commences on

4<sup>th</sup> Sep 2011 to last Sunday of June 2012

Under 8 yrs (Beginner; C & D Team) @ 0900-1000

Under 8 yrs (A & B Team) @ 1000-1100

Under 10 yrs @ 1100-1200

Under 12 yrs & Youth @ 1200-1300

Enquiry: 3473-7144 (Kings)

## Squash and mini squash with Elise

(Mon/Wed/Sat/Sun)

Mon or Wed (5 - 7 yrs) @ 1630

Sat or Sun (8 - 12 yrs) @ 1100

\$1,300/7 lessons (KCC Members)

\$1,450/7 lessons (Non-Members)

Enquiry: 8100 6920 (Elise) /

3473-7144 (Kings)

Coming  
soon

## Personal Training with

Tony / Kenny/Riny/ Ann

Enquiry: 9837-3739 (Tony) /

6543-0802 (Kenny) /

9046-5134 (Riny) /

6273-6039 (Ann) /

3473-7161 (Fitness Center)



## Judo with Global Sports (Sat)

Jan 7, 14, 21; Feb 4, 11, 18;

Mar 3, 10, 17, 24

6+ yrs @ 1000-1100 / 10+ yrs @ 1115-1215

\$1,000/10 lessons (All participants)

Enquiry: 9010-3091 (Shirley) /

9162-8631 (Donald) /

3473-7144 (Kings)

## Yoga with Sujal Kundalini yoga

(Mon) @ 1900-2030

\$200/lesson (KCC Members)

\$250/lesson (Non-members)

\*pay for 4 sessions and get a

**meditation**

class free at the end of the month

**Meditation** (Mon) @ 2030-2115

(Last Mon of each month)

\$100/lesson (All participants)

**Adults** (Tue) @ 1000-1100

**Hatha yoga** (Sat) @ 1000-1100

\$150/lesson (KCC Members)

\$180/lesson (Non-members)

Enquiry: 9040-9776 (Sujal) /

3473-7144 (Kings)



## Personal Training with Riny

Everyday Pilates with Riny (Mon)

Mon @ 1100-1200

Enquiry: 9046-5134 (Riny)

## Badminton Coaching

with W. L. Wong

Intermediate Level:

Mon @ 1930-2130

Adv Level: Fri @ 2000-2200

Jr. Level: Sun @ 1500-1700

\$650/4 lessons (KCC Members)

\$800/4 lessons (Non-members)

Enquiry: 9284-0469 (Wong) /

3473-7144 (Kings)

## Freestyle Jazz with Jacqui (Mon)

Jan 9, 16, 30; Feb 6, 13, 20, 27;

Mar 5, 12, 19, 26

5-6 yrs @ 1615-1700

7-9 yrs @ 1700-1745

10-13 yrs @ 1745 - 1845

\$1,540/11 lessons (KCC Members)

\$1,650 /11 lessons (Non-members)

Enquiry: 9813-0079 (Jacqui) / 3473-7144 (Kings)

## Latin / Ballroom Dance

(Mon/Wed /Fri)

Adult @ 1100-1230 (Mon)

Beginner @ 1100-1230 (Wed)

Adult @ 1300-1430 (Fri)

5-lesson package with 50% discount

\$400/5 lessons (KCC Members)

\$475/5 lessons (Non-members)

Per lesson package

\$180/lesson (KCC Members)

\$210/lesson (Non-members)

Enquiry: 6543-0332 (Amy) /

3473-7144 (Kings)

## Multi-sports Program (Fri)

Jan 6, 20, 27; Feb 3, 10, 17, 24

Mar 2, 16, 23, 30

**Junior Sports**

3-4 yrs @ 1530-1615

5-6 yrs @ 1615-1700

**Basketball**

7+ @ 1700-1800

\$1,100 /11 sessions (KCC Members)

\$1,540 /11 sessions (Non-members)

Enquiry: 2540-1257 (Multi-sports) /

3473-7144 (Kings)

## Tennis Coaching with Henry (Mon - Sat)

1-to-1: \$530pp (1 hr) 1-to-2: \$275p= (1 hr)

1-to-3: \$220pp (1 hr) 1-to-4: \$200pp (1 hr)

1-to-5: \$180pp (1 hr) 1-to-6: \$180pp (1 hr)

Enquiry: 6135-7606 (Henry) /

3473-7144 (Kings)

## Badminton with Patrick (Mon-Sun)

Enquiry:

8103-0078 (Patrick) / 3473-7144 (Kings)

Application forms are available from the KCC Reception

Anyone participating in any activity or sports should consult a doctor prior to commencement of such activities and all participants are responsible for their own medical/accident insurance coverage