

## Champion match KCC vs. CRC

2 June



### COACH'S COLUMN

#### Saturday Men's League Training (Men's D & E or equivalent) 8-10am

We are happy to announce that the Saturday Men's Training had been a great success. During the last two trial weeks we had a great turnout with a lot of positive feedback.

We look to continue this training group in July, and welcome any new members to join.

We will be concentrating on doubles strategy, as well as touching on many different aspects of the game while allowing members to enjoy the game in a social atmosphere.

For more details and enrollment, please feel free to contact Henry So by email at [atplimited@hotmail.com](mailto:atplimited@hotmail.com).

### Summer Tennis Camps

Summer Tennis Camp is a great way for your kids to mix with other children and have lots of fun!

**Camps will consist of:** Technique development, hand-eye co-ordination drills, fitness training

**And also include:** Skills competition, target hitting competition, lucky draw and light lunch

**Date:** 22 and 23 August • **Time:** 9-12pm • **Price:** \$900

**Age:** 5-14 • **Location:** Courts 1, 2

**Deadline for enrollment:** 15 August

Places are limited so enroll early to avoid disappointment

Book at reception or call Henry on 6135-7606 or [atplimited@hotmail.com](mailto:atplimited@hotmail.com)

## Ladies' Premier League – Inauguration of 'Laura Trayford Tournament'

The daytime ladies' league team proposed to commemorate the anniversary of Laura's passing by organising the captioned event. The proposed event would use Courts 1 and 2 from 8:30am to 1pm on 22 June and all incomes from the event would be donated to the Cancer Foundation of Hong Kong.

## Hong Kong Veterans' Tennis Association – Trophy Presentation Dinner

On 9 June 2011, 18 KCC tennis players attended the trophy presentation of the Veteran's League 2011 organised by Hong Kong Veterans' Tennis Association, held at CCC. KCC is the champion of the Men's 80+ Division and the runner-up of the Men's 100+ (the team lost only one set in its final match against CRC due to an unfortunate injury to one of the team players). On the Ladies' side, the winning team was led by our KCC member, Jaime Sin. Two key players in the team, Jenny Kwan and Poon Ling-lai are also KCC tennis players.



## CONVENOR'S COLUMN

### Wimbledon Day

Wimbledon Day of this year was on Sunday, 19 June. Due to warm participation of members of the Section, the allowed number of the participations has been increased from 15 – the usual limit set in the past – to 24. 12 courts (some portable net poles had to be borrowed from HKCC) were set up on grass pitch for the competition. Members of other sections also were allowed to participate for them to share enjoyment of playing tennis on grass court. The competition started at 11am after taking a group photo at 10:30am. The traditional strawberry parade and the prize presentation was held after the competition around 4:00pm.

### Opening of Tennis Kiosk

Since the opening of the kiosk on 8 May, comments from members to improve the provided F&B services were received. The responsible F&B section together with the management would investigate possibilities for improvement measures in this respect. An extension of the services of the tennis office at the kiosk to manage and supervise all tennis matters would also be considered once the works in tennis area are completed in mid-August.

### Works in Tennis Area Courts Resurfacing

Works would start on 16 July after the last match of the present summer league.

Depending on the number of participants, a barbecue dinner is planned for 16 July within the tennis courts to celebrate the commencement of the works. Weather permitting, all works in the courts are scheduled for completion by mid-August.

### Refurbishment Works on Tennis Deck outside Kiosk

Work on improved waterproofing of the tennis deck (roof of squash courts) and the replacement of broken roof tiles started on 16 June, scheduled for completion by mid-July before the commencement of the resurfacing works.

### Junior League approved by Tennis Subcommittee on 7 June

Clement Lee as the junior coordinator and captain of two junior teams – Divisions C and D – would lead the teams to participate in the coming junior league commencing in September.

An assessment of the standard of players involved, including elite/talent players who have gained TA's rankings in tennis tournament, was scheduled for Sunday, 26 June from 8 to 12am. Children who are interested in playing junior league match are welcome to join the assessment. Relevant poster for the registration would be displayed on the Tennis Notice Board in the Club.

## Want a FASTER serve? Keep the wrist loose!

A great lesson that can be learnt from the pros on how to serve better is keeping the wrist loose. The serving motion is exactly like a throwing action. A great example of the throwing action is like throwing an American football where the wrist must be kept loose in order to throw far and to impart the spiral spin on the ball.

In the tennis serve, the benefits of having the wrist loose are:

- More acceleration through the ball
- Hitting the ball harder

- Being able to impart more spin on the ball

Another reason for not keeping the wrist tight is to prevent injuries, like the tennis elbow. As a check, we should hold the handle just enough to keep the racket from flying out of our hands, and swing with a very floppy arm.

### Henry So

KCC Tennis Head Coach  
Hong Kong Davis Cup Team

# 'Bai Sun' ceremony for re-tiling works at the tennis viewing area 15 June



Jaime at the French Open 2011 in Paris with KCC Magazine

