

Kowloon Cricket Club

Sports & Recreation June 2009

Multi-Sports Programs

8, 15, 22 & 29 May; 5, 12, 19 & 26 Jun;
(Total 8 lessons)
Gymnastics: 3 - 4 yrs @ 1530-1615;
5 - 6 yrs @ 1615-1700
Basketball: 7+ yrs @ 1700-1800
Members: \$800; Non-members: \$1,120
Contact Multi-Sports on 25401257/
Kings on 3473-7144 for enquiries

Junior Football Course (from walking to 5 years)

Mon (indoor): 6, 20 & 27 Apr; 4, 11, 18 & 25 May; 1, 8 & 15 Jun
@ 0900-1100 (walking to 2 yrs); @1600-1800 (3-5 yrs)
Thu (indoor): 2, 9, 16, 23 & 30 Apr; 7, 21 & 27(Wed) May; 4 & 18 Jun @ 0900-1100 (2yrs)
Fri (outdoor): 3, 17 & 24 Apr; 8, 22 & 29 May; 5 & 19 Jun @ 1600-1800 (3-5 yrs)
KCC members: \$1,200; Non-members: \$1,500 (10 lessons)
KCC members: \$960; Non-members: \$1,200 (8 lessons)
Contact Tim on 9419-1140 / Kings on 3473-7144 for details

Junior Cricket Development

U15/U17: (Tue) 14 Apr to 30 Jun;
U13: (Wed) 15 Apr to 8 Jul (excluding 1 Jul);
U11: (Thu) 16 Apr to 9 Jul (excluding 28 May)
Total 10 lessons @ 1600-1800
KCC members: 1,500; Non-members: \$2,000
Contact Afzaal on 9139-9194/
Kings on 3473-7144 for enquiries

KCC Mini Hockey Training

Members: \$600
Non-members: \$1,500
Sun @ 0900-1100 (Under 8)
Sun @ 1100-1200 (Under 10)
Sun @ 1200-1300 (Under 12)
Contact Kings on 3473-7144
for enquiries

Yoga with Ingrid

Members: \$120 per lesson
Non-members: \$150 per lesson
Tue @ 1015-1145, Sat @ 1030-1200
Contact Ingrid on 2761-3177/
Kings on 3473-7144 for enquiries

Adv Ladies Badminton with Lung Bo Bo

(Mon Afternoon) 1 to 1-\$300/hour
4 in a group-\$400/hour
<the prices do not include shuttlecock>
Contact Kings on 3473-7144 for enquiries

PT & Pilates with Riny

Mon - Fri
Contact Riny on 9046-5134
for enquiries

Squash Beginner Course with Kent Li

\$550 per month (for 4 lessons)
(A) Wed @ 1700-1830
(B) Sat @ 1000-1130
Contact Kent Li on 9182-4805
for enquiries

Badminton with Patrick Mon-Fri

Contact Patrick on 8103-0078/
Kings on 3473-7144 for enquiries

Ad Works with Adam

Mon & Wed @10-11am
Contact Adam on 3473-7161
for enquiries

Taekwondo with Master Chan

18 April-27 June
(Total 11 lessons)
Sat @ 1300-1415
Members: \$2,150; Non-members: \$2,580
Contact Rickie Chan on 9313-7186 /
Kings on 3473-7144 for enquiries

Freestyle Jazz with Jacqui (Mon)

20 Apr-29 Jun
(Total 11 lessons)
5-6 yrs @ 1600-1645; 7-8 yrs @ 1645-1730;
9-11 yrs @ 1730-1815; 12-16 yrs @ 1815-1915
\$1,100 for KCC Member, \$1,320 for Non-member
Adult Dance-Fit @ 1100-1200
\$130 for KCC Member; \$150 for Non-member
Contact Jacqui on 98130079/
Kings on 3473-7144 for enquiries

Judo by Global Sports (Saturday)

18 Apr-13 June (excluding 2 May);
Sun: 10 & 17 May (Examination)
Age: 6+ yrs @ 1000-1100
10+ yrs @ 1115-1215
\$1,100 (11 lessons)
Contact Shirley on 9010-3091/
Donald on 9162-8631 for enquiries

Swimming Lesson with Kenny

1 to 1 private - \$350/45 mins
2 in a group - \$400/45 mins
3 in a group - \$450/45 mins
Contact Kenny on 6543-0802/
Kings on 3473-7144 for enquiries

Junior Football Training (age 6-13 years)

Tue: 31 Mar; 7, 14, 21 & 28 Apr; 5, 19 & 26 May; 2 & 16 Jun
Thu: 2, 9, 16, 23 & 30 Apr; 7, 21 & 27(Wed) May; 4 & 18 Jun
6 - 7yrs/ 8-10yrs/ 11-14yrs @ 1630-1800
KCC members: \$1,200; Non-members: \$1,500
Sat @ 0900-1015/30
KCC members: \$1,800; Non-members: \$2,400
Contact Tim on 9419-1140 /
Kings on 3473-7144 for details

Tennis Coaching with Todd

Mon-Sat
Contact Todd on 9750-2807
for enquiries

Golf Pro-Richard Fern

(Golf Pro since 1968 onwards)
Contact Richard on 9354-5809 or
by email: richard_fern@pga.com

Junior Cricket Training (Sat)

2, 9, 16, 23 & 30 May; 6, 13, 20 & 27 Jun; 4 Jul
U10/soft ball & U14/hard ball @ 1030-1230
KCC members: \$1,500; Non-members: \$2,000
Contact Afzaal on 9139-9194/ Kings on 3473-7144 for enquiries

Application forms are available from the KCC reception

Anyone participating in any activity or sport should consult a doctor prior to commencement of such activities and all participants are responsible for their own medical/accident insurance coverage.